People & Places Thriving: The Federal Plan for Long-Term Resilience Building Lasting Resilience Nationwide



Philosophical Shifts Required to Achieve Thriving



IF

Vital Conditions

ARE NOT FULFILLED*,

*OR if there is a disruptive shock (e.g., COVID-19)

THEN

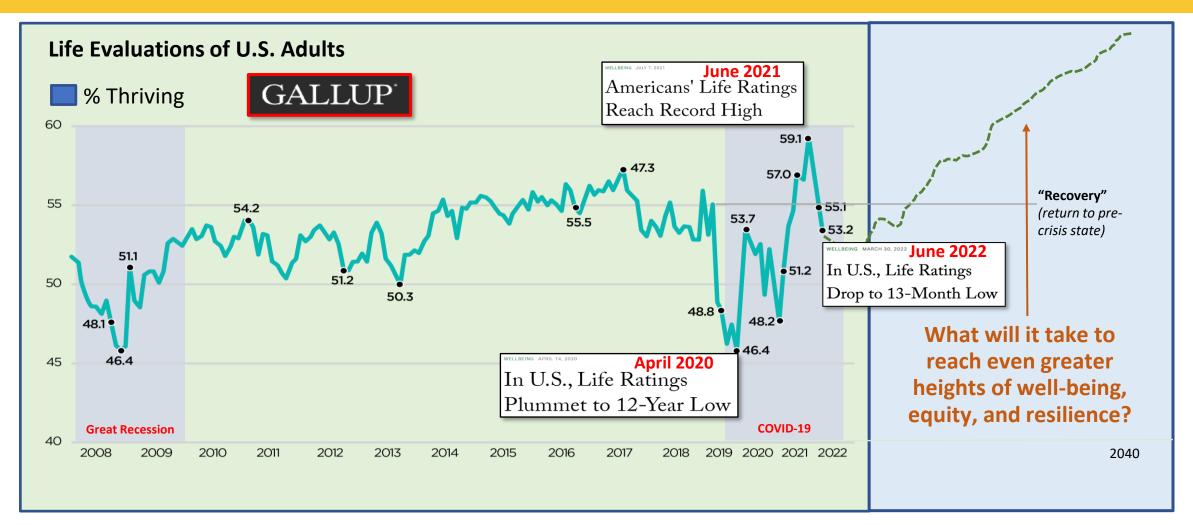
Urgent Services

DEMAND GROWS.

Shift the Approach to Support Long-Term Thriving



Objective: Facilitate development of a federal plan to address the root causes of system failures through collective action.



A Multi-Sector Approach Amplifying Key Federal Priorities



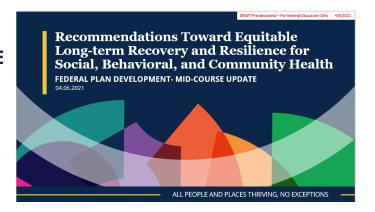
Pairing Coordinated Federal Action with Non-government Actions

Non-government Organization Springboard



Federal Plan

Informs federal programs, policies, and resources that give communities flexibility to tailor solutions to local needs



Aligned with Executive Orders & Cross-Government Efforts*

- Advancing Racial Equity and Support for Underserved Communities
- Ensuring an Equitable Response and Recovery
- Tackling the Climate Crisis
- Justice40 and Tackling the Climate Crisis at Home and Abroad
- Redressing Our History of Discriminatory Housing Practices and Policies
- Transforming Federal Customer Experience
- DPC sub-IPC and IPC bodies
- Coordinating Council on Accessibility & Mobility
- Department Equity Action Plans

Federal Plan Interagency Working Body



Dept of Agriculture (USDA)

- Food and Nutrition Service (FNS)
- Office of Homeland Security
- Rural Development and Food Safety Inspection Service

Dept of Commerce

- National Institute of Standards and Technology (NIST) Community Resilience Program
- Census
- National Oceanic and Atmospheric Administration (NOAA)

Dept of Defense (DoD)

 Consortium for Health and Military Performance (CHAMP) at the Uniformed Services University

Dept of Education

Dept of Health and Human Services (HHS)

- Office of the Assistant Secretary for Preparedness and Response (ASPR)
- Office of Disease Prevention and Health Promotion (ODPHP)
- Office of Minority Health (OMH)
- · Administration for Children and Families (ACF)
- Administration for Community Living (ACL)*
- Agency for Toxic Substances and Disease Registry (ATSDR)
- Centers for Disease Control and Prevention (CDC)
- Centers for Medicare & Medicaid Services (CMS)
- Health Resources & Services Administration (HRSA)
- Indian Health Service (IHS)
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- · National Institutes of Health (NIH) multiple Institutes
- Assistant Secretary of Policy & Evaluation (ASPE)



- Dept of Homeland Security
 - Federal Emergency Management Agency (FEMA)
- Dept of Housing and Urban Development (HUD)
- Dept of the Interior
- Dept of Justice (DOJ)
- Dept of Labor (DOL)
 - Employment and Training Administration
- Dept of Transportation (USDOT)
 - Office of the Secretary
 - Federal Transit Administration
- Environmental Protection Agency (EPA)
- Federal Reserve Bank (FRB) —Richmond, Atlanta
- Institute of Museum and Library Services (IMLS)
- National Endowment for the Arts (NEA)
- National Endowment for the Humanities (NEH)
- Small Business Association (SBA)
- Veteran's Health Administration (VHA)

Considering Legacies and Building Shared Solutions



VITAL CONDITIONS





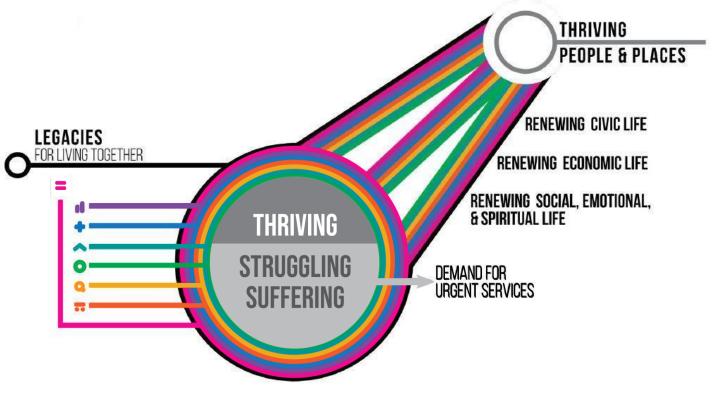












Belonging & Civic Muscle wraps around the others because it is both a vital condition and a practical capacity that is necessary for equitable success in every other kind of work

The Vital Conditions for Health and Well-Being



A framework that provides the actionable organizing structure on which to build connections and alignment.

TRANSPORTATION



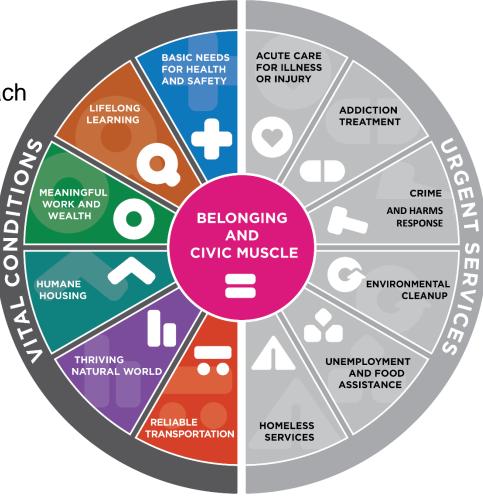
		BELONGING & CIVIC MUSCLE	Sense of belonging and power to shape a common world Civic agency; civic association; collective efficacy; equitable access to information; freedom from stigma, discrimination, oppression; many opportunities for civic engagement (voting, volunteerism, public work); social support; support for civil rights, human rights; vibrant arts, culture, and spiritual life
		THRIVING NATURAL WORLD	Sustainable resources, contact with nature, freedom from hazards Accessible natural spaces; clean air, water, soil; freedom from extreme heat, flooding, wind, radiation, earthquakes, pathogens; healthy ecosystems able to sustainably provide necessary resources
	+	BASIC NEEDS FOR HEALTH & SAFETY	Basic requirements for health and safety Freedom from trauma, violence, addiction and crime; fresh air; nutritious food, safe drinking water; routine care for physical and mental health; routine physical activity; safe, satisfying sexuality and reproduction; sufficient sleep
•	<u> </u>	HUMANE HOUSING	Humane, consistent housing Adequate space per person; affordable costs; close to work, school, food, recreation, and nature; diverse neighborhoods (without gentrification, segregation, concentrated poverty); safe structures
	0	MEANINGFUL WORK & WEALTH	Rewarding work, careers, and standards of living Family and community wealth; good-paying and fulfilling jobs; job training/retraining; savings and limited debt
	Q	LIFELONG LEARNING	Continuous learning, education, and literacy Career and adult education; continuous development of cognitive, social, emotional abilities; early childhood experiences; elementary, high school, and higher education
		RELIABLE	Reliable, safe, and accessible transportation

Vital Conditions Advancing Wellbeing & Resilience Portfolio



Things that ALL people need regularly to be healthy and reach

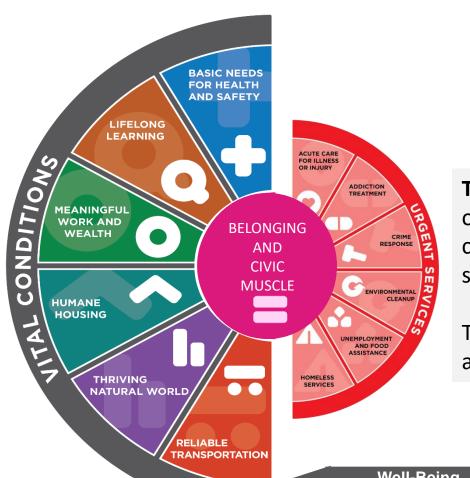
their full potential



Services that anyone under adversity may need temporarily to regain or restore well-being

Vital Conditions Advancing Wellbeing & Resilience Portfolio





The Opportunity: Increase how we focus on developing solutions that support vital conditions over short-term urgent service solutions.

This shift allows greater ability to truly achieve the big goals we have:

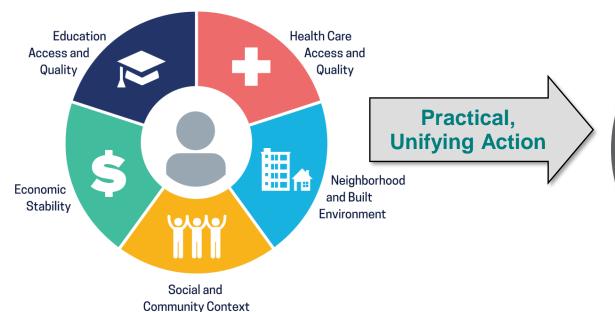
Well-Being Resilience Food Security Health Equity
Environmental Justice
Economic Mobility

Others...

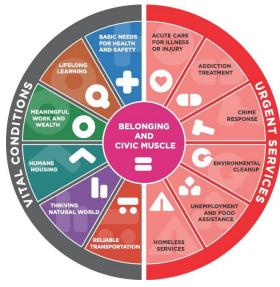
Moving "Social Determinants" Into Unifying Action

The well-being portfolio carries the SDOH agenda into practical unifying action

Social Determinants of Health



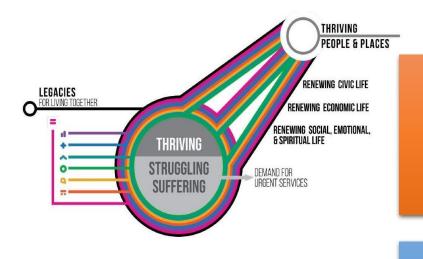
Well-Being Portfolio



Why the Vital Conditions is Important to Federal Partners



A framework that provides the **actionable organizing structure** on which to build **connections** and **alignment**.



Creates a **big tent** departments see themselves in

Supports clear action
while providing
shared vision for
thriving

Asset-driven vs vulnerability oriented

investments vs demographics Supports increasingly movement to act as an **integrated system**

Facilitates
transparency and
shared accessible
language

How the Federal Plan Provides a Philosophical Shift for Government



The Plan is a **starting point** for federal agencies to **better coordinate** and **align** steady-state resources in pursuit of **well-being**. The Plan **goes beyond other existing federal efforts** to address resilience and equity.

Community-centered

Prioritizes community leadership and adopting asset-driven approaches



A Shared Ethos

The use of the vital conditions enables cross-agency integration with a common aim

A Shift in Lexicon

Uses share language and resources that resonates with public and civil sector partners – to help maximize access to federal resources

A Clear Goal Post

Demonstrates *how* federal programs and initiatives help achieve long-term resilience and thriving

Employing All Levers of Federal Action



Departments and agencies can strengthen the **vital conditions** by adapting or using in **coordinated** ways existing **flexibilities** across policy and program **levers**.

Dept of ED

Federal Department / Agency Levers:



Communication & Educational Campaigns



Data/SurveillanceRelated to disparities and well-being



Funding

(e.g., grants, cooperative agreements, Medicaid-billing)



Guidelines & Recommendations



Planning



Staffing/Personnel



Policy

(e.g., waivers and flexibilities)



Regulations (i.e., rules and directives)



Research/Evaluation



Strategic Partnerships



Capacity Building / Training/Technical Assistance (TA)

Department/Agency Asset Presence Across Vital Conditions



	BELONGING & CIVIC MUSCLE	THRIVING NATURAL WORLD	BASIC NEEDS FOR HEALTH & SAFETY	HUMANE HOUSING	MEANINGFUL WORK & WEALTH	LIFELONG LEARNING	RELIABLE TRANSPORTATION
DHS/FEMA	•	•	•	•	•	•	•
DOC/NIST	•	•	•	•	•		•
DOI		•	•			•	
ED	•	•	•	•	•	•	•
EPA	•	•	•	•	•		•
FRB				•	•	•	
HHS/ACF	•	•	•	•	•	•	•
HHS/ACL	•		•	•	•	•	•
HHS/ASPR	•	•	•		•	•	
HHS/ATSDR	•	•	•	•	•	•	
HHS/CDC	•	•	•	•	•	•	•
HHS/CMS	•		•	•	•	•	•
HHS/HRSA	•	•	•	•	•	•	•
HHS/IHS	•	•	•				
HHS/OMH	•		•	•	•	•	
HHS/SAMHSA	•		•	•	•	•	•
HUD	•	•	•	•	•	•	•
IMLS	•	•	•		•	•	
NEA	•	•	•	•	•	•	•
SBA	•	•	•	•	•	•	•
USDA	•	•	•	•	•	•	•
USDOT	•	•	•			•	•

Key

•

Shaded cells with a **(a)** indicate the department or agency has self-identified existing assets aligned to the corresponding vital condition.

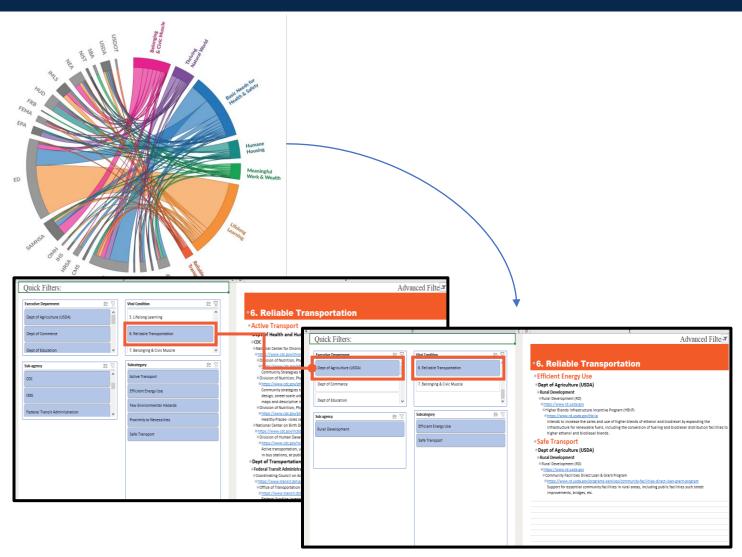
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White cells with a • indicate a vital condition for which the department or agency is noted within the Plan as a potential contributor to at least one related recommendation.

Federal Asset Mapping Analysis Objectives and Tools



- **Transparently identify** steady state resources available.
- Assess complimenting responsibilities and synergies.
- Demonstrate assets by the vital conditions versus siloed agencies.
- Provide tools to visualize and make resources accessible in community-centered ways.



Federal Plan for ELTRR Plan Objectives



Align federal actions into a high-level plan, outlining strategies to improve vital community conditions, support individual and community recovery from the impacts of COVID-19, and positively impact health and well-being over the next ten years and beyond.

EMPOWER

communities to engage in equitable, self-driven discussions of needs and solutions

communities to access federal support and identify collaborative opportunities

SUPPORT

+

existing and develop new resources to maximize outcomes, ensuring federal action promotes thriving for all

REFINE

cross-agency and crossdepartment collaboration that facilitate continuous investment and measuring change

SUSTAIN

Vital Conditions

Equity in access to federal resources

Equity in outcomes for individuals and communities

Federal Plan Document Overview



Audiences

>> Federal leadership and staff, SLTTs government, Civil-sector, Philanthropy, Associations, Business, Community leaders

The Federal Plan Organization

- Context
- The Long-Term Resilience Approach
- Structural Elements Necessary for Sustained Change
- Recommendations —

	Recommendations					
	Cross-cutting	10 Recommendations				
	Belonging & Civic Muscle	8 Recommendations				
	Thriving Natural World	10 Recommendations				
0	Basic Needs for Health & Safety	17 Recommendations				
	Humane Housing	9 Recommendations				
0	Meaningful Work & Wealth	12 Recommendations				
0	Lifelong Learning	6 Recommendations				
=	Reliable Transportation	6 Recommendations				





Highlighted Federal Plan Recommendations



Belonging and Civic Muscle: Opportunities for Civic Engagement

 G. Allow states to leverage federal funds to support initiatives that meaningfully engage individuals, families, and communities in the design and oversight of service delivery systems

Basic Needs for Health & Safety: Nutritious Food & Safe Water

• H. Maximize cross-agency actions to align programs to increase eligible households' ability to consistently access adequate affordability nutritious food in dignified and technology-enabled ways

Meaningful Work & Wealth: Family & Community Wealth

• A. Address major drivers of the benefits cliff effect, within and across programs, to create greater state flexibilities using regulation changes, programmatic waivers, cross-agency and adjacent system policy alignment, and other tools



Recommendation O

Increase access to physical activity that is safe and convenient, through expansion of and funding for places such as parks and town squares, walking and biking paths, active and public transportation infrastructure, and supportive programming (e.g., safe routes to schools and parks, school physical education, physical activity groups and classes, programming in dance and creative movement).

Contributions to Greater Thriving

Access to safe and convenient opportunities to walk, bike, move, and engage in other forms of physical activity is crucial for health and well-being, in addition to providing ways to get to work, shop, visit family and friends, and travel to other places people need to go. Physical activity helps improve disease outcomes and prevent disease and premature death. It also helps lessen anxiety, improves mental health and perceptions of quality of life, reduces blood pressure, allows for positive cultural expression, encourages social connectedness, and improves overall fitness of the nation (including military readiness). Thus, increasing access to safe, convenient physical activity can improve well-being, strengthen multiple vital conditions in the community, and increase resilience.



This Links to

- » Belonging & Civic Muscle
- Thriving Natural World
- > Humane Housing
- Lifelong Learning
- Reliable Transportation

Starting Points

- » Leverage USDOT and other agency funding for pedestrian and bicycle improvements, where eligible, and programming (e.g., safe routes to schools and parks).
- > Raise awareness of CDC's Strategies that Work as resources for state and local organizations to increase physical activity in communities.
- » Ensure federal funding prioritizes the safety of roadway users at higher risk of injury (e.g., people biking, walking, or taking transit) in communities by reducing speed limits according to the needs of a community, requiring a "safe systems" approach when constructing and maintaining roadways, and prioritizing safety interventions in underresourced communities (e.g., increasing the safety of bus stops on four-lane roads, increasing sidewalks, bike infrastructure, and safe, convenient, and pedestrian-orientated roadway crossings).
- » Leverage federal funding to states and localities to increase liability and penalties for striking roadway users at higher risk of injury (e.g., people biking, walking, or taking transit) with a motorized vehicle.
- » Incentivize development of diverse housing types and mixed land use with connections to active and public transportation infrastructure through federal funding mechanisms and guidance to ensure everyday destinations are near where people live.
- » Increase equitable access to safe and well-maintained green space, parks, and indoor and outdoor recreation spaces, particularly access to neighborhood parks near affordable housing.

(Continued)

endations | Basic Needs for Health & Safety Q | 132

ategory: Routine Physical Activity





RECOVERY 8 RESILIENCE

sess education policy for flexibilities and opportunities to increase access to school-based vsical activity, including enhancing requirements for school physical education (see CDC's mprehensive School Physical Activity Program).

and cross-agency funding to support free and low-cost access to youth sports through community relopment and crime prevention programs.

ourage community physical activity campaigns through federal programs (e.g., promoting Active pple. Healthy Nations, Move Your Way).

and physical activity groups and classes and community challenges through programs that port rural communities, older adults, community development, and crime prevention programs.

blore allowance of relmbursement of healthcare providers for referring individuals to physical ivity and coaching.

hance specialty consultant services (e.g., fitness, nutrition) in federally funded primary e settings.

otential Contributors

ederal departments and agencies with missions and resources aligned to provide leadership nd/or support to implement this recommendation include:

DOJ* HHS/CDC HUD ED HHS/CMS USDA DOI/NPS HHS/HRSA USDOT

HHS/ATSDR

Federal Plan for ELTRR Plan Obj..

by was not consulted in Plan development; they were identified by the ELTRR Interagency Workgroup to potentially engage in imprementation as an additional member.

Recommendations | Basic Needs for Health & Safety O | 133

Bright Spots of Implementation: External Partners



Place-based:





North Sound Collaborative

Action Network



Doña Ana County

NEW MEXICO













Network-based:













What We Are Seeing, How it is Making a Difference

- Uptake of the federal Plan recommendations and inspiration for action beyond what is named
- Intentionally cultivating relationships driven by a shared north star
- Frame shift to long-term investment approaches and positive outcomes (e.g., thriving)
- Increased interagency initiatives to drive integrated resources and support to communities
- Engaging community and lived experience expertise in the co-design of federal initiatives and resources
- Integrating collaborative capacity building resources
- Expanding data considered to drive shared insight and action

Essential Stewardship Practices Supported by the Vital Conditions



Stewards are people and organizations who work in coordination with others to create the conditions that all people need to achieve equity and thrive.

Stewardship is driven by:

- expansive collaboration
- consensus building
- shared action

Essential Stewardship Practices

CONNECTING

ACROSS

DIFFERENCES

Weave Vested Interests
Value Unheard Voices
Earn Trust

Strengthen Interdependence

Build Shared Power

CREATIVE TRANSFORMATIVE

OPPORTUNITIES

Expand Aspirations
Change the Story
Commit to Multisolving
Bridge Timescales

Align Investments

LEARNING AND

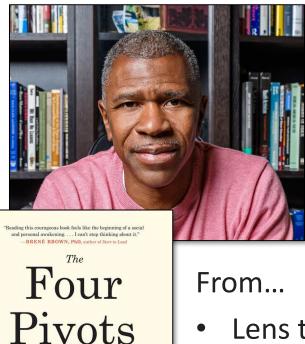
ADAPTING

Embrace Complexity
Promote Abundance
Habituate Action Learning
Consider Legacies Past and Future
Use Data to Chart Progress

Advances beyond a leadership focused approach of advancing individual or organizational interests.



Building Muscle and Practice to Leverage the Vital Conditions



I'm not sure how many of us really contemplate freedom.

We can create the future we wish to see rather than simply eliminating the present conditions we need to change.

We have to take seriously our capacity to see beyond the challenges we face and the problems we need to solve.

- Lens to Mirror
- Transactional to Transformative
- Problem to Possibility
- Hustle to Flow



http://www.shawnginwright.com/books

Reimagining Justice, Reimagining Ourselves

SHAWN A. GINWRIGHT, PhD

Advancing Frameworks for Action to Accelerate Change

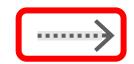


Transactional

Interventions (programs, projects)



System specific Action



Outcomes

Health & Well-Being

Crime Rate

Cost

Transformational

Mindsets & Actions



Practices affecting...

- Connecting across boundaries
- Expanding opportunities
- Learning and adapting
- Other frontiers...

Shared Stewardship



Devoted to equitable...

- **Processes** (i.e., lived + learned experience)
- Power (i.e., belonging and civic muscle)
- Opportunities (i.e., vital conditions)
- Outcomes (i.e., WIN measures, HP2030)

North Star

System Designed for Well-Being, Equity, and Racial Justice

Thriving People and Places—
No Exceptions

Ways SW PA Could Consider a Phased Approach to Action

Initial Phase	 Host exploratory and dialogue sessions with University and cross-sector partners. Identify champions within and across the University partnership network. Drive community engagement and partnership through the Vital Conditions as a cornerstone.
Emergent Phase	 Explore what it would mean to integrate the VCs into curriculum and community engagement efforts. Identify bright spots looking for ways that the University is working in this way already. Develop a strategic plan guided by the Vital Conditions and thriving ethos with key efforts that can be anchors for this approach.
Structured Phase	 Advance projects that are guided by the vital conditions and focus on developing capabilities identified in the framework. Creating cross-sector and cross-partner shared stewardship tables to identify shared resources and decision making.
Integrated Phase	 Create learning structures that support identifying promising practices, what is working, and where changes are needed. Tell the store of the value of working in this way. Structure funding applications and partnership development through the frame of the Vital Conditions.
Optimized Phase	 Truly integrated approaches integrate the priorities and outcomes of partner systems equally. Has become 'just the way the University thinks and acts' across all schools and efforts. Become a bright spot for other partners and systems.

Mindset Considerations to Build Pathways Forward



Pitfalls

Leading from silos or preferencing a dominant system ("health in all policies")

Reinforce traditional leadership styles that overvalue hierarchy & linear project plans

Centering the voice of the systems and resources

Mindset that emphasizes scarcity and zero-sum approaches

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Opportunities

Build integrated action with intention

Prioritize
interdependence,
dynamic planning
and peoplecentered thinking

Center wisdom of community and those least resourced

Create narratives of shared values to drive systems and move past resistance











Catalytic Opportunities for Action



Adopt the Vital Conditions
Framework to support a
vision of moving to longterm qualities of
community resources and
collaborative practice



Champion the vital conditions framework be taken up and drive learning, research frameworks, practice with community across the University



Identify synergies in local cross-sector priorities – funding and partnership - to integrate the VICs and look upstream to build shared solutions



Expand partners at the table and use the framework to understand and track what is making a difference

All people and places

THRIVING

no exceptions.

Erin McDonald, PhD, MPP

Senior Advisor Lead, Federal Plan for Equitable Long-term Recovery and Resilience

US Department of Health and Human Services, Office of the Assistant Secretary of Health, Office of Disease Prevention and Health Promotion

Erin.McDonald@hhs.gov



Multi-Solving for Greater Thriving



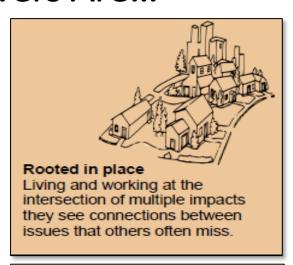


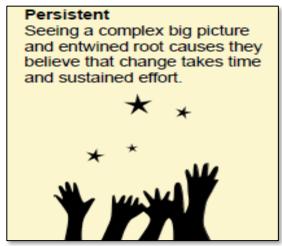
Dare to imagine that problems might be easier to solve together rather than one by one.

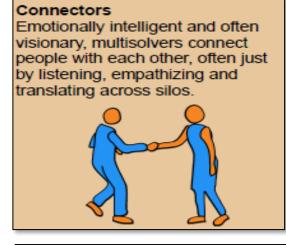
- Elizabeth Sawin

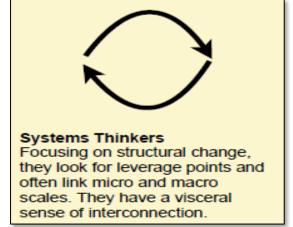
Multisolving is the practice of identifying and advocating for policies and investments that can solve multiple problems, often across sectors.

Multisolvers Are...

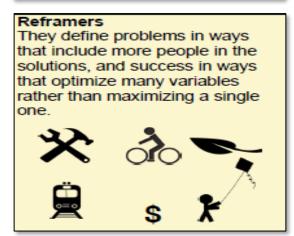




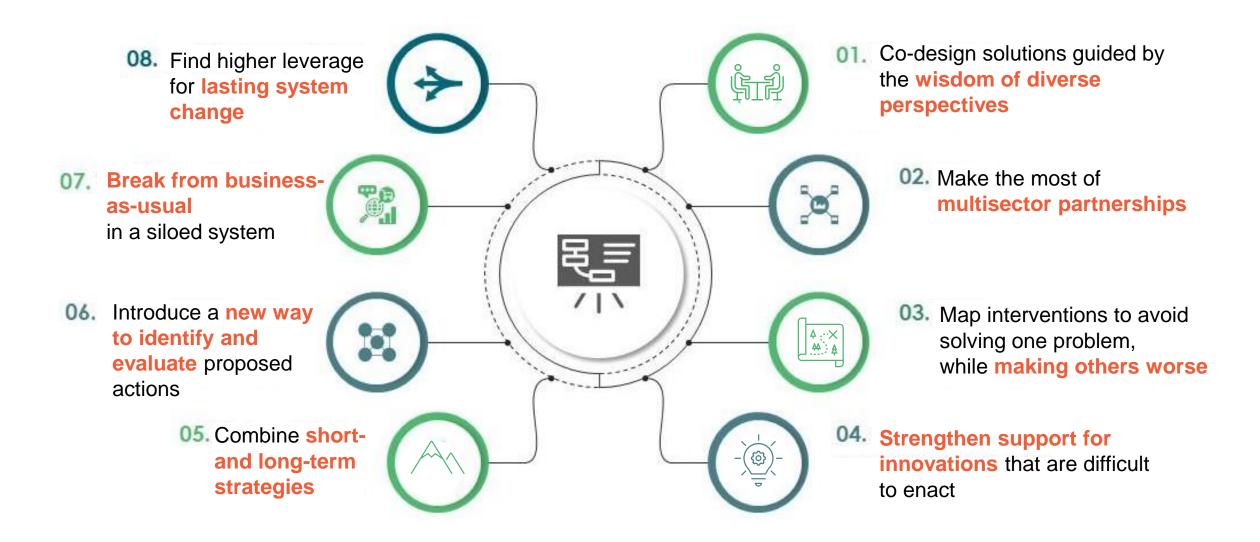








Strategies to Enable Multi-solving



Source: Multisolving (climateinteractive.org)

WEAKLY MULTISOLVING

STRONGLY MULTISOLVING

Silo Crossing

Few silos crossed: Just a few departments, disciplines, or jurisdictions involved

Many silos crossed: Many departments, disciplines, or jurisdictions involved.

Multi-dimensional flows ____

Minimal resource sharing: One organization provides most of the money, capacity, and ideas

Much resource sharing: Multiple orgs contribute resources; knowledge comes from many participants

Equity-centering

Superficial attention to equity and justice: Equity may be a stated goal, but not a priority for use of \$\$ or time

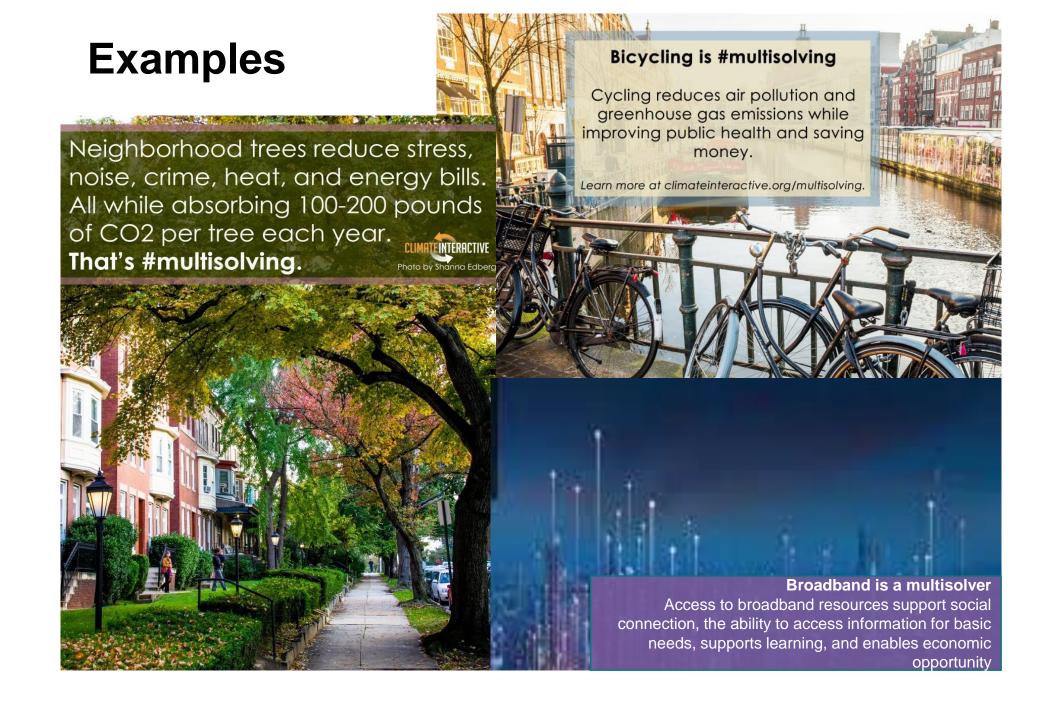
Deep attention to equity and justice: Observable investments of time and money in support of equity

Solidarity

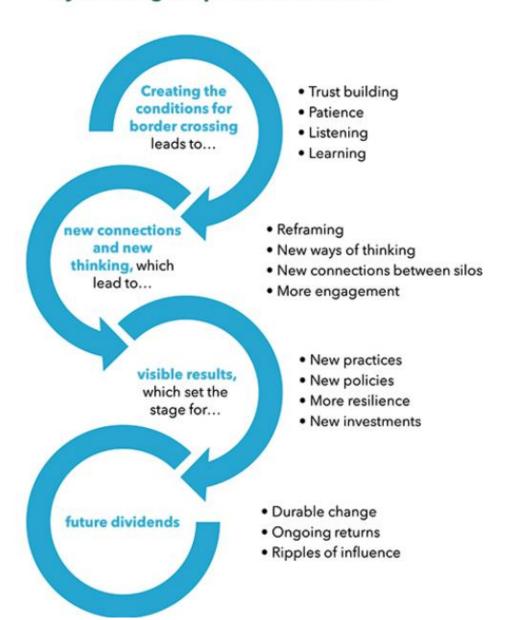
Superficial attention to solidarity: People speak about mutual support, but \$\$ and action tend to remain siloed



Deep attention to solidarity: Folks from one silo "show up" with time and money for the concerns of others

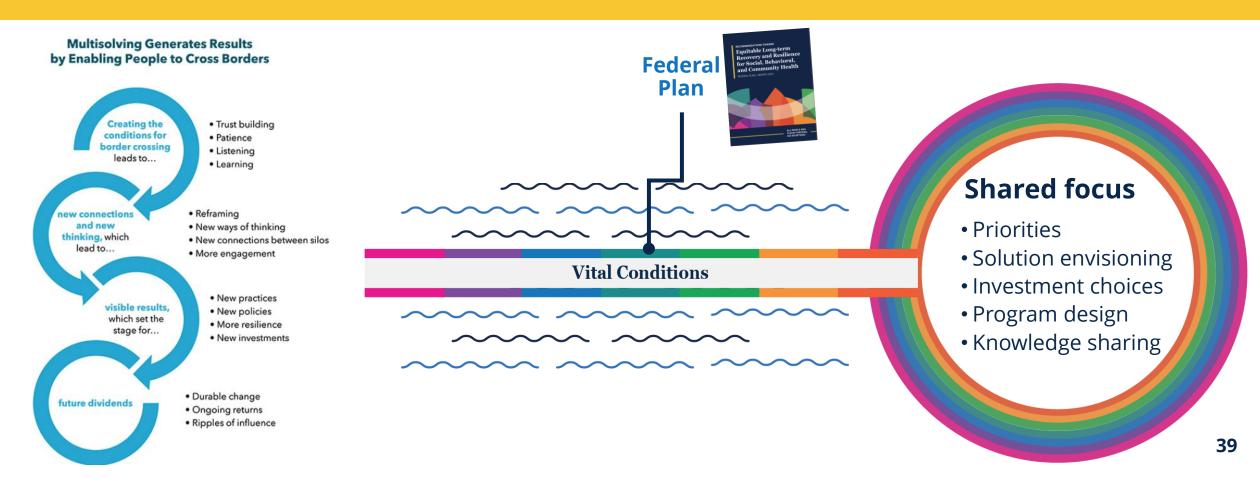


Multisolving Generates Results by Enabling People to Cross Borders



Multisolving Enables Action through the Lens of Long-Term Resilience

Multisolving principles enable action through the lend of the vital conditions by **building** collective action on a common bridge toward shared goals of equitable resilience and thriving.





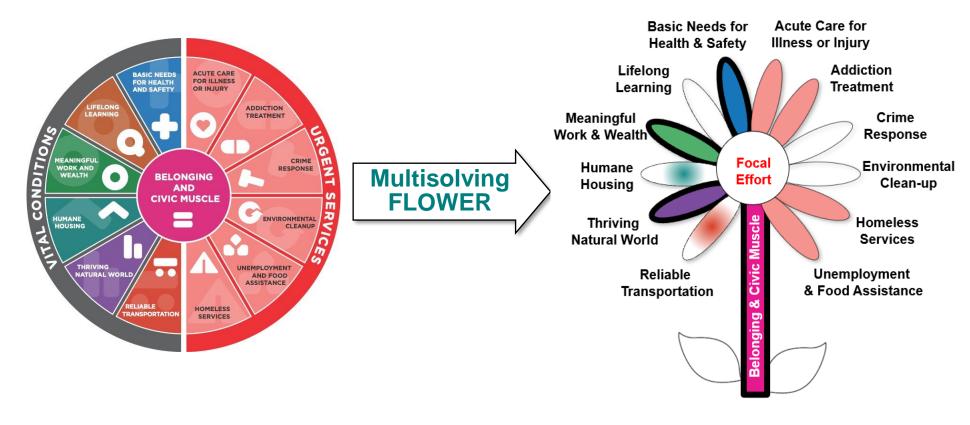
Federal Plan: Connections Across Multiple Vital Conditions

A small group of multi-solver recommendations has the potential to positively impact multiple vital conditions through one action.

	&	\$	&	\$	\$	\$	\$
	BELONGING & CIVIC MUSCLE	THRIVING NATURAL WORLD	BASIC NEEDS FOR HEALTH & SAFETY	HUMANE HOUSING	MEANINGFUL WORK & WEALTH	LIFELONG LEARNING	RELIABLE TRANSPORTATION
Establish a Center of Excellence in Cultivating Community Well-Being	&	•	•	•	•	•	•
Increase access to green and blue spaces		Ą	•	•		•	•
Assess and address the effects of climate change	•	&	•	•	•		•
Catalyze development of urban agriculture, gardens, and markets	•	•	₽		•	•	
Expand access to broadband	•	•	₽	•	•	•	•
Co-locate high-value services and resources at transportation centers	•		•		•	•	₹
Address major drivers of the benefits cliff effect	•		•	•	₽	•	

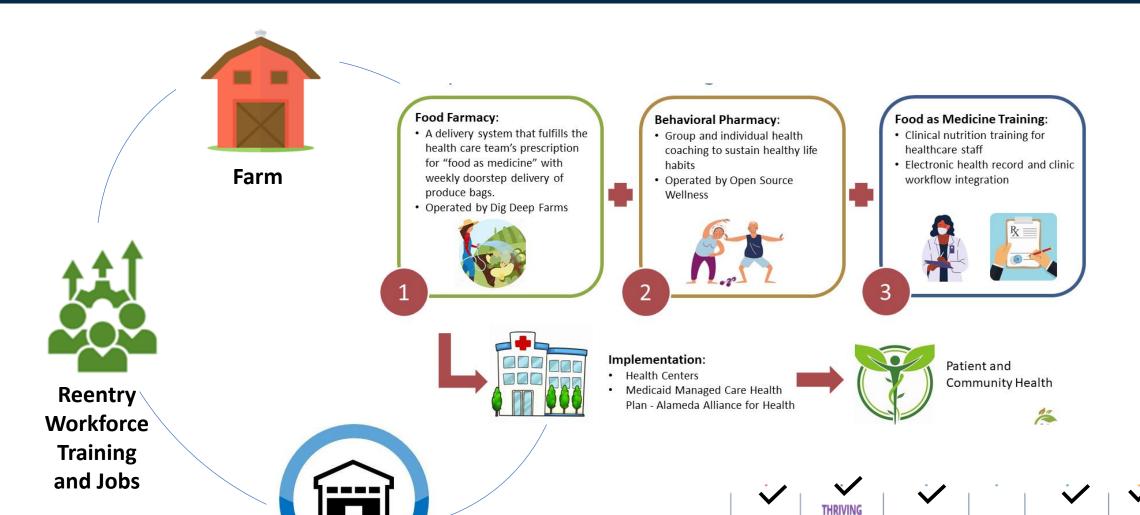
Multisolving Tools to Enable Dialogue and Action

FLOWER: Framework for Long-Term, Whole-system, Equity-based Reflection



Alameda County (CA) Recipe4Health Model





Food Hub &

Entrepreneurship

BELONGING &

CIVIC MUSCLE

NATURAL

WORLD

BASIC NEEDS FOR

HEALTH & SAFETY

HUMANE

HOUSING

MEANINGFUL

WORK & WEALTH

LIFELONG

LEARNING

RELIABLE

TRANSPORTATION

New Framing for Basic Needs for Health & Safety



North Sound Collaborative Action Network

















Changing the Behavioral Health Landscape

Addressing **Equity Barriers**

Greater Integration of Services

Empowering Community **Driven Solutions** Advocacy













RELIABLE TRANSPORTATION







HUMANE HOUSING







Dynamic Humane Housing Supporting Foundational Needs





Denver, Colorado



- Part of a broader community effort to secure affordable housing.
- 150 affordable housing units, and a 5,000 sq/ft fresh food shop.
- 99-year lease on the land with Urban Land Conservancy ensuring affordability.



Newark, New Jersey Hartford, Connecticut











MEANINGFUL WORK & WEALT

LIFELONG LEARNING

RELIABLE TRANSPORTATION









MEANINGFUL VORK & WEALTH





Enabling System Infrastructure as Pathways for Multi-Solving



Community Health Needs Assessments State Health Improvement Plans State CMS waiver and plan framing

Strategic Growth
Council and BlueRibbon Committee
priorities

Integrating the Vital Conditions to guide departments and partnerships

Community capacity building and equity focused capacity building funding

All people and places

THRIVING

no exceptions.

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